



Request to Test form

This form must be turned in at least one week prior to your testing or you may not receive you belt at testing

Name: _____ Rank testing for : _____

Belt Size: _____ (this is your uniform size)

I currently have _____ class credits.

My Life Skill for this testing cycle was: _____

I would like to test the week of: _____

testing will be set up on a weekly basis if needed.

At the time of testing you must have 16 qualifying class credits. No exceptions will be made. You may earn 2 credits per week or 4 as a leadership student. You must have 3 Black stripes and a Red stripe for our current life skill.

I know _____ of my form (how many moves)

I know the following (circle all that apply)

All my basics on my form sheet

The self defense on my form sheet

The one step sparring on my form sheet

The board breaks on my form sheet

Blocking Grid

The sparring for my rank

Attached is my testing fee of: _____

My Monthly dues have been paid: _____

If testing for Black Belt or completing a Black Belt mid term my PFT score is _____

Phone Number _____

Scores

FORM ____ / ____ SPARRING ____ / ____ BREAKS _____